

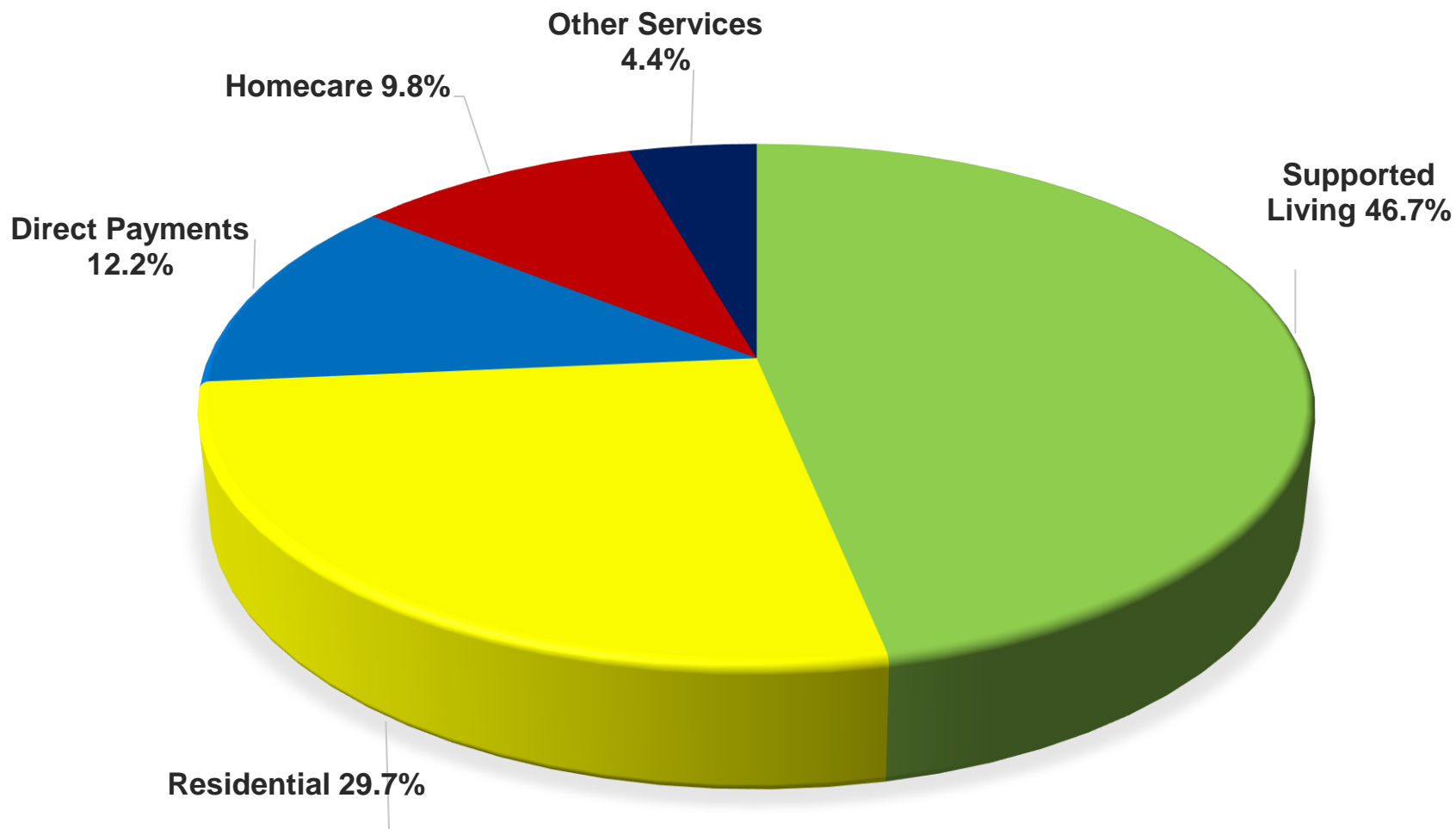
Understanding our population and predicted changes

- Adult social care is committed to working alongside people to maximise their mental wellbeing and health – we want to work with people with mental ill health to manage their needs as independently as possible and be in control of their lives.
- Within Barnet there is a higher rate of common mental illness than our neighbouring boroughs in North Central London. 42,184 people, 10.5% of the population of Barnet is estimated to have a common mental illness, such as types of depression and anxiety, and obsessive compulsive disorder.
- Between 2018 and 2030 there is also a predicted increase in depression in older Barnet residents (aged 65+) of 36%.
- People are living longer with complex mental health needs.
- The proportion of adults living in Barnet who are in contact with secondary mental health services and in employment is significantly lower than the England average (between March 2017 and March 2018).

Facts and Figures: Mental Health

- 5,944 people aged 18 – 64 years are predicted to have a borderline personality disorder and it is predicted that this will increase to 6,424 by 2035.
- 8,322 people aged 18-64 are predicted to have an anti-social personality disorder, predicted to rise to 9,196 by 2035.
- 1,735 people aged 18-64 are predicted to have psychotic disorder.
- 17,846 people aged 18-64 are predicted to have two or more psychiatric disorders.
- 7% (£6.6m) of the Adult Social Care budget was allocated to supporting adults with mental ill health in 2018/19 (this does not include expenditure on adults with dementia).
- 385 people with mental health needs receive support directly through Adult Social Care to support them to remain independent and maximise their wellbeing.

People with Mental Ill-Health Purchased services*



*Snapshot of data taken on 29th October 2019

People with Mental Ill-Health

What we have now	What we need	How can you work with us?
<p>We have a good range of accommodation and support providers to support adults with low/moderate and moderate/severe mental health needs appointed to our Approved Provider List.</p>	<p>More providers of supported living who will work with people who require lower levels of support, between 4 and 21 hours per week.</p> <p>More providers who are able to provide supported accommodation in Barnet which appropriately meets the needs of adults with complex mental health needs (e.g. forensic history or particularly challenging behaviours) that focus on progression, recovery and move-on, complexity and behaviours that challenge.</p> <p>To develop more interventions for people experiencing mental health crises (e.g. CrashPad/ respite centres/crisis cafés) to prevent avoidable admissions into acute settings and help people experiencing mental health crises to have access to different forms of support early, which prevent their needs escalating.</p> <p>Providers that will work with young people 16+ on transition planning, progression and recovery.</p> <p>More skilled and experienced providers who can work with us to develop new models of accommodation and support that are recovery and progression focused.</p>	<p>If you are already a provider on our approved provider list and are interested in developing new accommodation and support within the borough, we want to work with you to develop it in line with presenting demand.</p> <p>Barnet will be re-opening our Approved Provider List for accommodation and support in early 2020. If you are interested in joining, you can sign-up to our procurement portal to be alerted to upcoming opportunities.</p> <p>If you are a provider on our Approved Provider List we would like you to:-</p> <ul style="list-style-type: none"> ✓ proactively engage with requests for support; responding within 24 hours to referrals ✓ When successful, complete assessments within 24 hours of being informed ✓ consider appropriate staffing models which are sustainable, can support a range of needs, are enablement and recovery focused and support people to access community resources and achieve the outcome they want ✓ develop and deliver models of care for complex and challenging behaviours which are enablement and recovery focused; support people to step down from more intensive support and be enabled to improve and maintain independence and wellbeing ✓ contact us if you are supporting an individual and believe they are ready to step down from the support they are currently receiving ✓ contact us if you have concerns about an individual you are supporting to prevent placement breakdown and escalation of need

People with Mental Ill-Health

What we have now	What we need	How can you work with us?
We have a range of providers delivering employment support to adults with mental ill health.	To continue to expand and develop the range of employment support options we have in place particularly for those with complex mental health needs and learning disabilities and or autism.	We would like you to let us know about support that you are delivering and engage with us to diversify the current offer and ensure that employment support is available in a range of settings and easily accessible for people.
We have a strong assistive technology offer.	To continue to promote and embed assistive technology into a range of settings to enable people to maintain and maximise their independence.	If you are a provider on our Approved Provider List we would like you to consider how you could utilise assistive technology to improve support for those you work with to improve outcomes.
We work with providers who have committed to our strategic vision to deliver strengths-based support (enabling, working alongside people, promoting independence and wellbeing).	More care and support services that have staff trained and experienced and are confident working with people with mental ill health in a strengths-based way.	We want you to contact us to find out more about strengths-based approaches and training available.
We have good support for carers of adults with mental ill health.	To continue to develop support for carers that is easily accessible and increase support available outside of working hours.	We want you to work in partnership with us to:- <ul style="list-style-type: none"> • Promote support for carers • Develop more support for carers of people with mental ill health which will help them to maintain their health and wellbeing and support them to be able to continue caring for their friends and families