

## Understanding our population and predicted changes

- People with learning disabilities are living longer and with increasingly complex health conditions, including dementia. As people's needs increase we have an ever increasing focus on looking for ways to meet these needs in innovative and cost effective ways. There continues to be an increase in the number of people diagnosed with autism. However there are not enough autism specific services in the borough.
- Most autism services will be commissioned by health and education services. ASC is most interested in services for people with LD and autism/MH and autism/complex needs and autism.
- As parents / carers / family members in their caring role continue to age, their ability to provide care and support for relatives with support needs is reduced. There is a need for other community services to step in and provide greater levels of support
- We have a cohort of aspirational and ambitious young people whom we want to be supported to fulfil their aspirations, for example, paid employment, volunteering and participating in community activities
- **In terms of wider context**, the NHS Long Term Plan sets out a focus on improving services for people with learning disabilities and autism. Commitments include increasing access to support for children and young people with an autism diagnosis, developing new models of care to provide care closer to home and investing in intensive, crisis and forensic

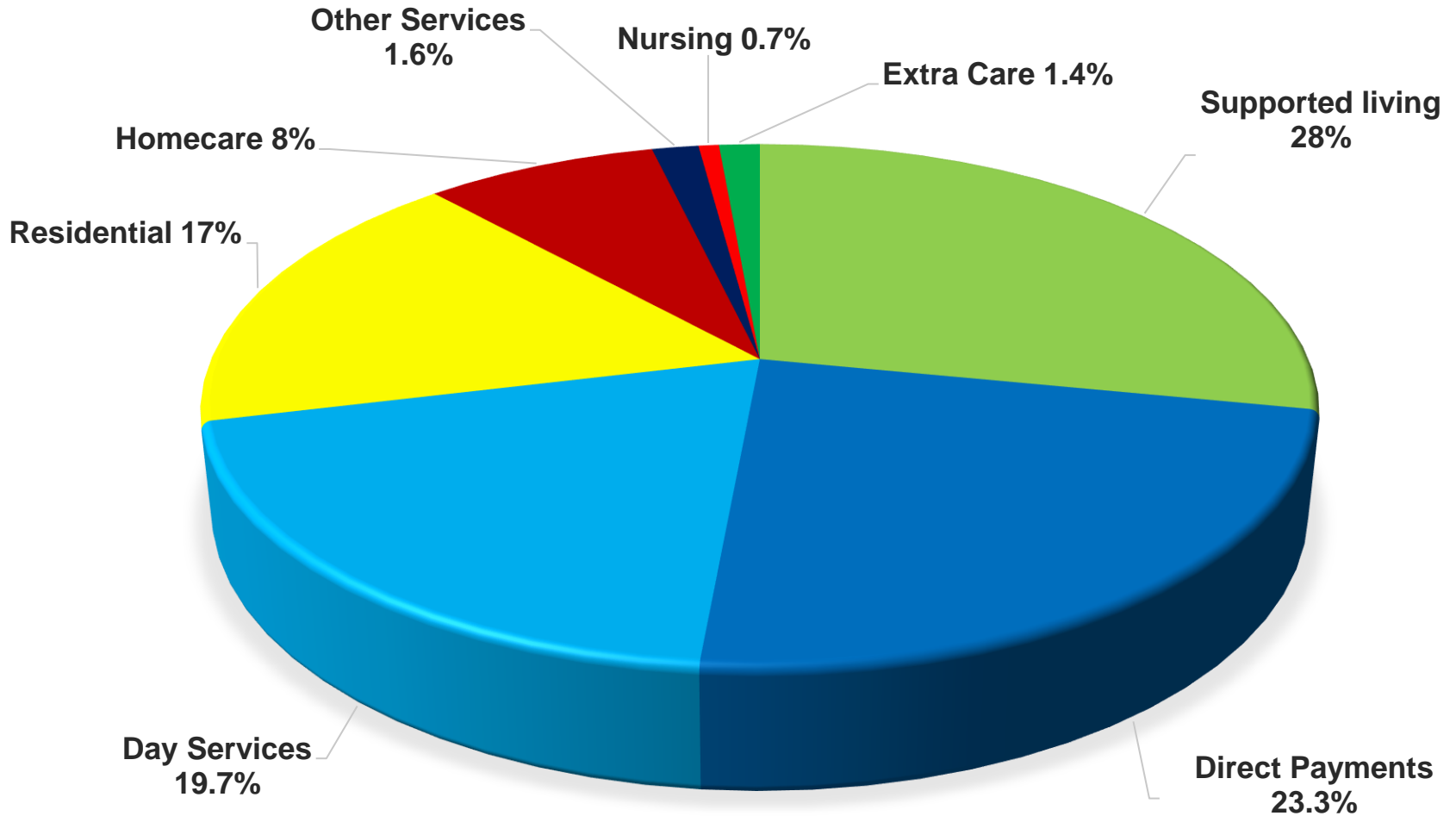
### Facts and Figures: Learning Disabilities

- There are an estimated 6,100 adults with a learning disability in the borough under 65 years and 1,176 older people aged 65+ a total of 7,276 adults in the borough. 84% of people with a learning disability in Barnet are aged under 65 years
- Based on national estimates there were 1,554 adults in Barnet with moderate to severe learning disabilities
- Increasing life expectancy means that more PWLD and people with complex needs are expected to access adult social care in the future
- Between 2020 and 2035, the predicted number of adults in Barnet with moderate to severe learning disabilities is estimated to increase by 20% from 1,554 to 1,858
- **A needs assessment of our population of people with learning disabilities** will be undertaken in early 2020 to inform future planning

### Facts and Figures: Autism

- In 2019, there are an estimated 2,488 younger adults (aged 18-64) with autism spectrum disorder (ASD) in Barnet, which is the 2nd highest prevalence of all the London boroughs. Forecasts indicate that the number of young adults with autism will increase by 3.6%, by 2023
- In 2019, there are an estimated 524 older people (aged 65+) with ASD in Barnet, which is the 2nd highest number of all the London boroughs. This is predicted to increase by 11.5% by 2023.
- In Barnet, there were 122 autistic people who were social care eligible in 2018.
- In 2018, 87.7% of autistic people with learning disabilities were eligible for social care
- A full autism needs assessment is currently underway which will help to inform our review of our local action plan / strategy

# People with Learning Disabilities and Autism Purchased services\*



\*Snapshot of data taken on 29<sup>th</sup> October 2019

# People with Learning Disabilities and Autism

| What we have now   | What we need   | How can you work with us?  |
|--|--|--|
| <p>We have a good range of providers of supported accommodation appointed to our Approved Provider List. We have providers who have committed to our strategic vision (a wider range of Accommodation and Support services with good outcomes for service users - supporting them to progress towards independent living through integrated support plans and clear move-on pathways).</p> | <p>We need more providers delivering employment support and day opportunities.</p> <p>More skilled and experienced providers who can work with us to develop new models of accommodation and support.</p> <p>More providers of supported living who will work with people who require lower levels of support, between 4 and 21 hours per week.</p> <p>More providers which have a focus on reducing dependence and who are proactive in identifying opportunities to enable individuals to acquire new skills and 'Progress' towards living more independently.</p> | <p>If you are already a provider on our Approved Provider List and are interested in developing new accommodation and support within the borough we want to work with you to develop it in line with presenting demand.</p> <p>Barnet will be re-opening our Approved Provider List for accommodation and support 2020. If you are interested in joining, you can sign-up to our <a href="#">procurement portal</a> to be alerted to upcoming opportunities.</p> <p>If you are a provider on our Approved Provider List we would like you to:-</p> <ul style="list-style-type: none"> <li>✓ proactively engage with requests for support; responding within 24 hours to referrals</li> <li>✓ when successful, complete assessments within 72 hours of being informed</li> <li>✓ consider appropriate staffing models which are sustainable, can support a range of needs, are enablement and recovery focused and support people to access community resources and achieve the outcomes they want</li> <li>✓ develop and deliver models of care for complex and challenging behaviours which enable people to improve and maintain independence and wellbeing</li> <li>✓ contact us if you are supporting an individual and believe they are ready to step down from the support they are currently receiving</li> <li>✓ contact us if you have concerns about an individual you are supporting to prevent placement breakdown and escalation of need</li> </ul> |

# People with Learning Disabilities and Autism

| What we have now  | What we need   | How can you work with us?  |
|---|--|--|
| <p>We have pro-active family and carer support in the borough and we continue to develop and invest in services which help people maintain their caring role.</p> | <p>Providers that will work with young people 16+ (planning).</p> <p>More autism specific services including respite.</p>  | <p>We are reviewing the range of respite available to people with learning disabilities and older people. We want to hear from you.</p> <p>If you are planning to develop your services to give different respite options particularly for younger people.</p> <p>We want to work with our leisure providers to develop further opportunities as well as improving and modernising existing respite provision.</p> |
| <p>We are working closely with health services in North Central London as autism and ADHD diagnostic and treatment services are reviewed particularly.</p>        | <p>A better pathway for adults with autism that can support people either with or waiting for a diagnosis to access information, advice and assistance.</p>  | <p>Work in partnership with joint commissioning on the plans for local advice and support services that are being developed in 2020</p> <p>Participate in the review of our autism action plan.</p>  |
| <p>We work with providers of high quality residential care services for people with learning disabilities.</p>  | <p>Whilst we have good provision of residential placement services, many residential placements are out of borough, and we would like to bring individuals back to the borough where appropriate to their needs..</p> <p>There are still 187 (25% of people we support with learning disabilities) in residential/nursing care, often out of area.</p> | <p>As we review placements to confirm whether an out of borough placement remains the best option for individuals, we want to work with providers that will develop new services or reconfigure current services to better meet needs.</p> <p>This includes additional enablement services for individual support plans to ensure progression for people.</p>  |

# People with Learning Disabilities and Autism



| What we have now   | What we need  | How can you work with us?   |
|--|---|---|
| <p>We are working more closely with mental health services to develop crisis pathways</p>                            | <p>We need skilled providers who can bring their experience to develop a clear and robust crisis pathway - working with mental health services.</p>       | <p>Work with us to increase CrashPad /Home-instead* availability – including ‘in-reach’ and close working with existing services. Approved Provider List (APL)</p> <p>* CrashPad/ Home-instead services to prevent and minimise the risk of crisis within an individual’s life by providing either emergency accommodation (Crash Pad) or extra care and support within their own home.</p> |
| <p>We have some good mainstream and generic services that are supporting people with LD and Autism and dementia.</p> | <p>We need more care and support services with staff trained, experienced and confident working with people with LD who also have autism or dementia.</p> | <p>Participate in training and support offered by our specialist teams. Help us to design, develop and further improve our training to make our offer easier to access for all staff. For more information please contact <a href="mailto:asc.training@barnet.gov.uk">asc.training@barnet.gov.uk</a>.</p>   |