

# Equipment to help you at home

If you or someone you care for is unable to carry out everyday tasks such as bathing, washing or dressing without support, there is a range of specially designed equipment available to help you live independently in your own home. If you are assessed as needing equipment to support your daily living, an occupational therapist will make recommendations about what equipment you will need.

## **Types of equipment**

- equipment to help you get in and out of bed safely such as bed levers, pillow lifts, mattress lifters
- specialist chairs
- grab rails, raised toilet seats, commodes
- hearing impairment equipment such as amplified doorbells and phones
- visual impairment equipment such as talking clocks, large-button phones
- standing and mobile hoists
- household items such as kitchen equipment
- bath boards, seats
- Telecare equipment such as heat detectors, voice alert, flood detectors

### How to get equipment

To get equipment from us you will have to have an assessment of your needs to see what could make your day-to-day living safe and easier.

To find out if you qualify for equipment and support from us, speak to your allocated occupational therapist or social worker who will carry out an occupational therapy assessment. If you do not have allocated occupational therapist or social worker you should contact Social Care Direct.





#### **Social Care Direct**

If you do not have allocated occupational therapist or social worker, contact Social Care Direct.

Tel: 020 8359 5000



Barnet Centre for Independent Living There are two ways to get equipment from us:

#### 1. Prescriptions

If your equipment costs less than £100 you will be given a prescription, which you can take to one of the local accredited equipment suppliers who will be able to provide the equipment free of charge. Details of participating equipment suppliers can be found in our directory.

The supplier will have trained staff who will be able to demonstrate the equipment and give any information, help or advice that you need.

If you decide that you would like the item you have been prescribed in a different brand or colour, you will need to pay any difference in cost. You will own the equipment that has been prescribed to you.

#### 2. Medequip

If your equipment costs more than £100, we will arrange for the equipment to be delivered to you through Medequip.

Unlike equipment issued to you through prescriptions, equipment issued to you through Medequip is on a loan basis and therefore must be returned once you have no further use of it.







# When you have finished with the equipment

If you no longer need the equipment that you have been prescribed you are advised to dispose of it at the Civic Amenity Recycling Centre, address details on the right, or to charity.

Equipment provided to you through Medequip must be returned back to us. Contact Medequip to arrange collections for equipment that you no longer need.

#### **Civic Amenity and Recycling Centre**

Summers Lane, North Finchley, London N12 0RF

Tel: 020 8362 0752

#### Medequip

Phone Medequip to arrange collection of equipment given to you loan that you no longer need.

Tel: 020 8438 2920

If you need this factsheet in a different format, please contact the Communications Officer for Adult Social Care and Health on:

Tel: 020 8359 7150

Email: adultsocialservices@barnet.gov.uk



Barnet Centre for Independent Living