

DOMESTIC ABUSE SUPPORT

FACTS AND FIGURES



1 in 4 women

1 in 7 men



aged 16 to 59 have experienced some form of domestic abuse since age of 16



50%

of women experiencing domestic abuse are abused while pregnant

7 women per month



are killed by a current or ex-partner in England and Wales



Women with a long-term illness or disability were **3x** more likely to be victims of domestic abuse in the last year

HELP AND ADVICE

- The signs of domestic abuse are not always obvious. That's because domestic abuse is about controlling someone's mind and emotions as much as hurting their body.
- Domestic abuse is a pattern of behaviour on the part of the abuser designed to control their partner. It can happen at any point in a relationship, including after you have split up.
- If you're afraid of your partner, that's a big red flag. You may be scared to say what you think, to bring up certain topics, or to say no to sex. No matter the reason, fear has no place in a healthy relationship.
- If you feel like you're being abused, there's a good chance you may be, and it's worth getting help.
- If you are experiencing domestic abuse, there is support available. Your partner may tell you that nobody will believe you or help you. That is not the case. You are not alone
- Domestic abuse impacts every aspect of a survivors life including their mental, emotional, and physical health, social functioning and financial circumstances. It also impacts on her family and children.

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LOCAL SERVICES AND ONLINE SUPPORT

Service	Type	Description	Details
Barnet Domestic Abuse One Stop Shop	<ul style="list-style-type: none">Phone	<p>The Barnet One Stop Shop is delivered by Barnet Homes in partnership with other local organisations. The one stop shop acts as a front door to a range of services including advocacy, legal, housing and financial support.</p> <p>Currently offering phone advice.</p>	<p>Phone: To access this service Call the Housing Options Service on 0208 610 3539, Thursday from 9.30am to 12.30pm.</p>
Barnet Solace Advocacy and Support Service	<ul style="list-style-type: none">PhoneFace-to-faceOnline	<p>Free and confidential 1: 1 support that includes practical and emotional support, crises intervention and risk management support. Also provided are onward referrals to specialist services such as counselling, legal services, benefits and housing services and group programmes.</p>	<p>Phone: 0203 874 5003</p> <p>Email: barnet.advocacy@solacewomensaid.org</p>
Jewish Women's Aid	<ul style="list-style-type: none">1:1 support	<p>Provide 1:1 support to Jewish women and their children who are affected by domestic abuse or sexual violence.</p>	<p>Domestic abuse services Telephone: 0808 801 0500 Email: clientsupport@jwa.org.uk</p> <p>Sexual violence support Telephone: 0808 801 0656 Email: dina@jwa.org.uk</p>

Referrals from Barnet Hospital only.

Service	Type	Description	Details
Victim Support	<ul style="list-style-type: none">PhoneFace-to-faceOnline	<p>Provide victims of Domestic Abuse with telephone support and advice, including pre-trial and outreach support and guided virtual pre-trial visits.</p>	<p>Email majlinda.bici@victimsupport.org.uk or majlinda.bici@nhs.net for all referrals from Barnet Hospital.</p>